

# Faith in Action

**Extraordinary Ministers of Holy Communion** Those who participate in this ministry help distribute communion at Mass. They also bring the Eucharist to people who are sick and homebound. The people they visit are often elderly and lonely. They look forward to seeing these parish ministers who bring them Communion. They know that through Holy Communion, they are being touched by God's love in a very special way.



**Activity** In the left-hand column, describe a time when you helped or cared for someone. In the right-hand column, describe something "extraordinary" you could have done to walk the extra mile for that person.

A time when I helped someone...	Something extraordinary I could have done...
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____



**Activity** An extraordinary minister of Holy Communion brings the Eucharist to those who are ill or homebound. In what ways can you help people you encounter know of God's love?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_